

**PREPARATION, CHARACTERIZATION,
PHARMACOKINETICS AND ANTI-OSTEOPOROSIS ACTIVITY
EVALUATIONS OF ICARITIN NANOSUSPENSION**

by

Li Yan

Master of Science



**Institute of Chinese Medical Sciences
University of Macau**

2011

Preparation, Characterization, Pharmacokinetics and Anti-Osteoporosis Activity Evaluations of Icaritin
Nanosuspension

by

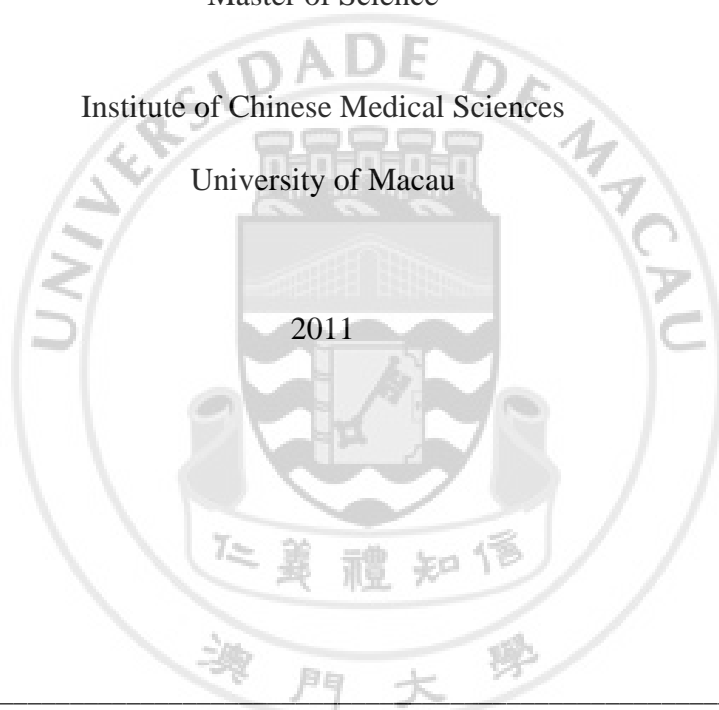
Li Yan

A thesis submitted in partial fulfillment of the
requirements for the degree of

Master of Science

Institute of Chinese Medical Sciences

University of Macau



Approved by _____
Supervisor

Date _____

In presenting this thesis in partial fulfillment of the requirements for a Master's degree at the University of Macau, I agree that the Library and the Institute of Chinese Medical Sciences shall make its copies freely available for inspection. However, reproduction of this thesis for any purposes or by any means shall not be allowed without my written permission. Authorization is sought by contacting the author at

Address:

Telephone:

Fax:

E-mail:

Signature _____

Date _____



碩士學位論文

淫羊藿苷元納米混懸液的製備、表徵、藥動學和抗
骨質疏鬆活性的評價

研究生姓名： 李 妍
導 師： 鄭 穎
專 業： 中藥學
日 期： 2011 年 7 月



澳門大學中華醫藥研究院

摘要

本研究利用反溶劑沉澱法製備淫羊藿苷元 (Icaritin, ICT) 納米混懸液以提高其溶出度及口服生物利用度。首先選擇不同種類的穩定劑製備了 ICT 納米混懸液, 利用羥丙基甲基纖維素 (HPMC) 製備出的納米混懸液粒徑小且分佈均勻、短期穩定性好。通過單因素實驗考察不同型號的 HPMC、ICT 丙酮溶液濃度以及超聲時間對粒徑的影響。在以上影響因素為最優的情況下, 利用星點設計-效應面優化法考察穩定劑濃度和注入 ICT 丙酮溶液的體積對粒徑的影響。獲得最優處方及工藝如下: 將 0.16 mL 的 ICT 丙酮溶液 (10 mg/mL) 在超聲條件下注入到 0.02% (w/v) HPMC E3 溶液中並繼續超聲 10 sec。最優處方的粒徑、多分散係數及 zeta 電位分別為: (216.6 ± 12.4) nm, 0.124 ± 0.013 , (-13.8 ± 1.4) mV。利用透射電鏡表徵納米混懸液的形態, 並利用掃描電鏡表徵原藥及納米混懸液凍幹後的形態, 發現納米混懸液與納米混懸液凍幹後的顆粒形態為棒狀。通過 X 光衍射掃描和差示掃描量熱分析發現, 製備成納米混懸液後, ICT 原藥的晶體峰位置不變但強度下降, 提示結晶度比原晶體下降。溶出實驗顯示, ICT 在納米混懸液中 15 min 內完全溶出, 比原晶體的溶出速度更快也更完全。大鼠口服 ICT 納米混懸液和原藥粗混懸液後, 納米混懸液的 AUC_{0-36h} 和 C_{max} 比原藥粗混懸液顯著提高, 分別約為原藥粗混懸液的 2.0 倍和 4.7 倍。而 T_{max} 較原藥粗混懸液降低, 說明納米混懸液可以在體內血漿中更快速達峰。

研究 ICT 對體外培養 MC3T3-E1 細胞系增殖和分化的影響。ICT 在 10^{-9} - 10^{-6} M 摩爾濃度下對 MC3T3-E1 增殖無影響。ICT 表現出明顯的促進分化的作用 (10^{-6} M 摩爾濃度下的鹼性磷酸酶活性是空白對照組的 1.75 倍)。利用血清藥理學方法評價 ICT 納米混懸液和原藥粗混懸液對成骨細胞增殖和分化的作用。ICT 納米混懸液和原藥粗混懸液分別口服給予大鼠後, 於 10 min、1.5 h 和 24 h 時采血。血清中 ICT 總濃度經 β -葡萄糖醛酸酯酶/硫酸酯酶酶解後進行檢測, 並將血清加入到 MC3T3-E1 細胞培養體系中。口服 ICT 納米混懸液後 10 min 和 1.5 h 含藥血清和空白對照組相比, 細胞存活率分別提高至 (120.1 ± 9.0) % 和 (116.6 ± 9.9) %, 24 h 含藥血清無作用。而口服原藥粗混懸液 10 min、1.5 h 和 24 h 含藥血清對細胞存活率沒有顯著提高。口服納米混懸液後, 10 min 和 1.5 h 含藥血清均可提高鹼性磷酸酶活性為空白對照組的 1.41 倍, 表現出顯著的促進鹼性磷酸酶活

性的作用 ($p < 0.05$)，24 h 含藥血清對鹼性磷酸酶活性無顯著性影響。而口服原藥粗混懸液 10 min、1.5 h 和 24 h 含藥血清沒有表現出顯著的促進鹼性磷酸酶活性的作用 ($p > 0.05$)。上述結果提示，納米混懸液對成骨細胞的增殖和分化的作用均有促進作用，其效果優於原藥粗混懸液。

本研究證明，ICT 納米混懸液可以提高體外溶出度和口服生物利用度，同時提高藥物的達峰速度。ICT 具有促進成骨細胞分化的作用，而血清藥理學結果顯示，ICT 的代謝產物可以有效促進成骨細胞增殖與分化。ICT 納米混懸液是一種有潛力被開發成抗骨質疏鬆的口服納米製劑。

關鍵字：淫羊藿苷元，納米混懸液，反溶劑沉澱法，超聲，溶出速度，口服生物利用度，骨質疏鬆



Abstract

In the present study, icaritin (ICT) nanosuspensions were prepared by antisolvent-precipitation method to enhance its dissolution rate and oral bioavailability. Firstly, different stabilizers were evaluated on their feasibility to form stable ICT nanosuspension. Hydroxypropyl methylcellulose (HPMC) was proved its superiority both in terms of particle size reduction and short-term physical stability. Three experimental parameters, viz., types of HPMCs, concentration of ICT in acetone and time length of ultrasonication were investigated on their impacts on particle size. Subsequently, central composite design was applied to evaluate the impacts of concentration of stabilizer solution and volume of ICT acetone solution injected on the particle size distribution of nanosuspension. The optimized formulation was determined as following: 0.16 mL of ICT acetone solution (10 mg/mL) injected into 2 mL of HPMC E3 solution (0.02% w/v) under ultrasonication for 10 seconds. The particle size, polydispersity index and zeta potential of nanosuspension were 216.6 ± 12.4 nm, 0.124 ± 0.013 and -13.8 ± 1.4 mV, respectively. Nanosuspension was observed by transmission electron microscope (TEM) morphology. Raw ICT and freeze-dried nanosuspension were also characterized by scanning electron microscope (SEM) morphology. Both of nanosuspension particles in the solution and in the freeze-dried form were rod shape. The X-ray diffraction (XRD) and differential scanning calorimetry (DSC) analysis showed that the characteristic peaks of ICT was maintained but with reduced peak intensity, indicating that the crystallinity of drug in nanosuspension was much lower than the raw material. Drug in nanosuspension completely dissolved within 15 min with much higher dissolution rate. After oral administration of ICT nanosuspensions and raw suspensions to rats, nanosuspension exhibited significant increased AUC_{0-36h} and C_{max} by 2.0 and 4.7 folds respectively than those of raw suspension. Meanwhile, the decreased T_{max} indicated that drug in nanosuspension could reach the peak concentration much faster than the raw suspension.

The effect of ICT on osteoblast proliferation and differentiation was examined in the culture system of MC3T3-E1 cells. ICT (10^{-9} - 10^{-6} M) has no promoting proliferation effect. ICT showed statistically significant promoting differentiation effect (1.75 fold of the control group at 10^{-6} M). The serum pharmacological method was employed to investigate the effects of ICT nanosuspension and raw suspension on

proliferation and differentiation on MC3T3-E1 cell line. Two formulations, ICT nanosuspensions and raw suspensions, were orally administered to rats and blood samples were withdrawn at 10 min, 1.5 h and 24 h. The total concentrations of ICT in serum were determined after enzyme hydrolysis with β -glucuronidase/sulphatase. The serum was added into the culture system of MC3T3-E1 cells. When MC3T3-E1 cells were exposed to culture medium containing serum of 10 min and 1.5 h after administration with ICT nanosuspension, cell viability was significantly increased to $(120.1 \pm 9.0) \%$ and $(116.6 \pm 9.9) \%$ compared to the control group, respectively. The serum of 24 h after administration with ICT nanosuspension has no effect on proliferation. When MC3T3-E1 cells were exposed to culture medium containing serum of 10 min, 1.5 h and 24 h after administration with raw suspension, no effect on cell viability was observed. The culture medium containing serum of 10 min and 1.5 h after administration with ICT nanosuspension both induced increase of ALP activity (1.41-fold) compared to control group ($p < 0.05$), serum of 24 h has no effect on ALP activity. However, the culture medium containing serum of 10 min, 1.5 h and 24 h after administration with raw suspension has no effect on ALP activity ($p > 0.05$). These results suggested that ICT nanosuspension was superior to raw suspension on enhancing proliferation and differentiation of osteoblast.

In conclusion, the present study suggested that ICT nanosuspension increased the dissolution rate as well as the oral bioavailability of ICT. ICT has differentiation enhancing effect on osteoblasts. However, based on the result of experiment employed serum pharmacological method, the metabolites of ICT showed significant proliferation and differentiation promoting effect in vitro. ICT nanosuspension was very promising to be developed into a new formulation with anti-osteoporosis activity.

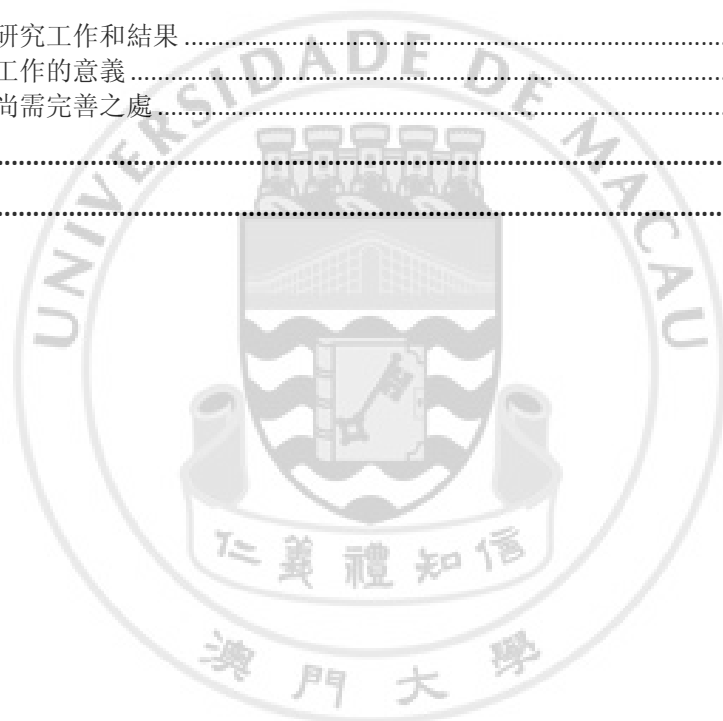
Keywords: Icaritin, Nanosuspension, Antisolvent-precipitation, Ultrasonication, Dissolution rate, Oral bioavailability, Osteoporosis

目 錄

| | |
|--|-----------|
| 致 謝..... | IV |
| LIST OF FIGURES | V |
| LIST OF TABLES..... | VIII |
| 縮略詞列表..... | IX |
| 第一章 研究概述..... | 1 |
| 1.1 淫羊藿及其苷元研究概述 | 1 |
| 1.2 納米混懸液的研究進展 | 3 |
| 1.2.1 製備方法..... | 5 |
| 1.2.2 經典核化理論 (classical nucleation theory) | 9 |
| 1.2.3 製備因素的影響..... | 12 |
| 1.2.4 藥物和穩定劑的選擇..... | 13 |
| 1.2.5 納米混懸液的穩定性..... | 14 |
| 1.2.6 結論..... | 15 |
| 第二章 淫羊藿苷元的體外 HPLC 測定..... | 17 |
| 2.1 儀器和材料 | 17 |
| 2.1.1 儀器..... | 17 |
| 2.1.2 藥品和試劑..... | 17 |
| 2.2 方法..... | 17 |
| 2.2.1 測定波長的選擇..... | 17 |
| 2.2.2 流動相優化..... | 17 |
| 2.2.3 標準曲線的繪製..... | 18 |
| 2.2.4 檢測限 (LOD) 和定量限 (LOQ) 的測定..... | 18 |
| 2.2.5 精密度和準確度考察..... | 18 |
| 2.3 結果與討論 | 18 |
| 2.3.1 測定波長的選擇..... | 18 |
| 2.3.2 流動相的選擇..... | 19 |
| 2.3.3 標準曲線製備..... | 20 |
| 2.3.4 檢測限(LOD)和定量限(LOQ)..... | 20 |
| 2.3.5 精密度和準確度的考察..... | 20 |
| 2.4 結論..... | 21 |
| 第三章 淫羊藿苷元的理化性質研究..... | 22 |
| 3.1 儀器和材料 | 22 |
| 3.1.1 儀器..... | 22 |
| 3.1.2 藥品與試劑..... | 22 |
| 3.2 方法..... | 23 |
| 3.2.1 淫羊藿苷元在水中溶解度考察..... | 23 |
| 3.2.2 淫羊藿苷元在常用有機溶劑中的溶解度考察..... | 23 |
| 3.2.3 淫羊藿苷元油水分配係數 (logP) 測定..... | 23 |
| 3.3 結果與討論 | 26 |
| 3.3.1 淫羊藿苷元在水中溶解度..... | 26 |
| 3.3.2 淫羊藿苷元在常用有機溶劑中的溶解度..... | 26 |
| 3.3.3 淫羊藿油水分分配係數 (logP) 測定..... | 26 |
| 3.4 結論..... | 30 |
| 第四章 淫羊藿苷元納米混懸液的製備及表徵評價..... | 32 |
| 4.1 儀器和材料 | 32 |

| | |
|---|-----------|
| 4.1.1 儀器..... | 32 |
| 4.1.2 藥品與試劑..... | 32 |
| 4.2 方法..... | 33 |
| 4.2.1 淫羊藿苷元納米混懸液的製備..... | 33 |
| 4.2.2 粒徑分佈及 zeta 電位的測定..... | 35 |
| 4.2.3 納米混懸液的濃縮..... | 35 |
| 4.2.4 冷凍乾燥納米混懸液..... | 35 |
| 4.2.5 納米混懸液的溶出度測定..... | 36 |
| 4.2.6 差示掃描量熱法..... | 36 |
| 4.2.7 X 射線衍射..... | 36 |
| 4.2.8 納米混懸液及凍幹後形態觀察..... | 36 |
| 4.3 結果與討論..... | 37 |
| 4.3.1 篩選穩定劑種類..... | 37 |
| 4.3.2 HPMC 型號對粒徑的影響..... | 39 |
| 4.3.3 淫羊藿苷元丙酮溶液濃度對粒徑的影響..... | 41 |
| 4.3.4 超聲時間對粒徑的影響..... | 42 |
| 4.3.5 注入淫羊藿苷元丙酮溶液的體積和穩定劑溶液濃度對粒徑的影響..... | 43 |
| 4.3.6 淫羊藿苷元納米混懸液的濃縮..... | 48 |
| 4.3.7 淫羊藿苷元納米混懸液凍幹後複溶..... | 48 |
| 4.3.8 透射電鏡觀察納米混懸液結果..... | 48 |
| 4.3.9 掃描電鏡觀察原藥及納米混懸液凍幹後結果..... | 49 |
| 4.3.10 納米混懸液的溶出度測定結果..... | 51 |
| 4.3.11 差示掃描量熱法結果..... | 51 |
| 4.3.12 X 射線衍射結果..... | 52 |
| 4.4 結論..... | 53 |
| 第五章 淫羊藿苷元納米混懸液大鼠體內藥動學評價..... | 54 |
| 5.1 材料..... | 54 |
| 5.1.1 儀器..... | 54 |
| 5.1.2 藥品與試劑..... | 54 |
| 5.1.3 實驗動物..... | 54 |
| 5.2 方法..... | 54 |
| 5.2.1 對照品溶液配製..... | 54 |
| 5.2.2 標準血漿樣品的配製..... | 55 |
| 5.2.3 色譜分析條件..... | 55 |
| 5.2.4 血漿樣品處理..... | 55 |
| 5.2.5 標準曲線的繪製..... | 56 |
| 5.2.6 方法學考察..... | 56 |
| 5.2.7 藥物動力學實驗..... | 57 |
| 5.2.8 資料處理..... | 57 |
| 5.3 結果與討論..... | 58 |
| 5.3.1 專屬性..... | 58 |
| 5.3.2 標準曲線和定量限檢測限測定..... | 59 |
| 5.3.3 精密度與準確度和回收率..... | 59 |
| 5.3.4 穩定性..... | 60 |
| 5.3.5 藥物動力學實驗結果..... | 60 |
| 5.4 結論..... | 62 |
| 第六章 淫羊藿苷元納米混懸液的藥效學評價..... | 63 |
| 6.1 儀器和材料..... | 63 |
| 6.1.1 儀器..... | 63 |
| 6.1.2 藥品與試劑..... | 63 |
| 6.1.3 實驗動物..... | 63 |

| | |
|--------------------------------|-----------|
| 6.2 方法..... | 64 |
| 6.2.1 藥物溶液的配製..... | 64 |
| 6.2.2 MC3T3-E1 細胞培養..... | 64 |
| 6.2.3 含藥大鼠血清的製備..... | 64 |
| 6.2.4 淫羊藿苷元及大鼠含藥血清的細胞增殖效應..... | 64 |
| 6.2.5 淫羊藿苷元及大鼠含藥血清促細胞分化作用..... | 65 |
| 6.2.6 測定水解後大鼠含藥血清濃度..... | 66 |
| 6.2.7 統計學處理..... | 66 |
| 6.3 結果與討論..... | 67 |
| 6.3.1 淫羊藿苷元的細胞增殖效應..... | 67 |
| 6.3.2 大鼠含藥血清的細胞增殖效應..... | 67 |
| 6.3.3 淫羊藿苷元促細胞分化作用..... | 70 |
| 6.3.4 大鼠含藥血清促細胞分化作用..... | 71 |
| 6.3.5 測定水解後大鼠血漿中藥物濃度..... | 73 |
| 6.4 結論..... | 73 |
| 第七章 總結與展望..... | 75 |
| 7.1 主要研究工作和結果..... | 75 |
| 7.2 研究工作的意義..... | 76 |
| 7.3 實驗尚需完善之處..... | 76 |
| 參考文獻..... | 78 |
| 簡 曆..... | 81 |



致 謝

在澳門大學中華醫藥研究院兩年的學習研究中，我受益匪淺。我想這些經歷都將是我人生道路上的寶貴財富。

首先感謝澳門大學中華醫藥研究院給了我來澳門大學深造的機會。使我有幸在濃厚的科研環境及先進的科研條件下進行我碩士學位的深造。並且使我有幸結識了來自于全國很多大學的優秀同學。從他們身上我也學到了很多優秀的品質，並和同學們結下了美好情誼。

感謝我的導師鄭穎博士兩年來對我的關心和指導，鄭穎博士以她豐富的人生閱歷和寶貴的科研經驗，指導我在學習中開拓思路，廣納百川，在人生的道路上積極進取，奮勇向前。在科研探索的道路上，鄭老師以她紮實的專業知識和嚴謹的治學態度時刻指引著我。在整個課題研究中她身體力行，精益求精，她的言傳身教令我銘記在心。她時時刻刻以身作則，在為人處事上也教會了我很多。

感謝孫少平博士對我實驗及文章撰寫的指導。感謝中國醫學科學院藥用植物研究所的常琪老師在藥動學實驗上給予的大力幫助與支持。本實驗中的部分表徵實驗在中山大學分析測試中心及華南理工大學分析測試中心完成，感謝各位相關老師在實驗上給予的幫助。

感謝王一濤教授、李紹平教授、李銘源副教授、張慶文博士、燕茹博士對我無私的關心和幫助。感謝實驗室技術員Leon、Sandy、Wing、Kio對我實驗的支援。感謝中華醫藥研究院所有關心我的老師和同學！

感謝我的家人，你們的支援是我不斷前進的動力！

感謝澳門科學技術發展基金（專案號：008/2007/A1）對我和本課題的資助！

List of Figures

| | |
|--|----|
| Figure 1.1 Chemical structure of icariin, icaritin, icariside II | 3 |
| Figure 1.2 Schematic diagram of static mixer set-up ^[36] | 6 |
| Figure 1.3 (A) Diagram of nanosuspension preparation by microfluidic reactor; (B) Schematic representation of nanoprecipitation process within a microreactor ^[38] | 7 |
| Figure 1.4 Schematic representation of high gravity apparatus for cephradine particle precipitation. 1, Mixture of triethylamine and acetone tank; 2, pump; 3, flowmeter; 4, stirring tank; 5, high gravity reactor and 6, cephradine hydrochloride solution tank ^[44] .. | 9 |
| Figure 1.5 The relationship between $\Delta G_{critical}$ and $r_{critical}$ | 10 |
| Figure 1.6 Illustration of the potential energy as a function of interparticle distance (classical DLVO)..... | 15 |
| Figure 2.1 UV Spectrum of ICT in methanol..... | 19 |
| Figure 2.2 HPLC Chromatogram of ICT | 20 |
| Figure 3.1 HPLC chromatogram of ICT at different methanol percentage of the mobile phase: A- methanol percentage 95%, retention time: 4.189 min; B- methanol percentage 90%, retention time: 5.755 min; C- methanol percentage 85%, retention time: 8.691 min; D- methanol percentage 80%, retention time: 14.238 min; E- methanol percentage 75%, retention time: 25.394 min | 28 |
| Figure 4.1 The mean particle size and polydispersity index of ICT nanosuspensions as a function of different stabilizers. 0.06 mL of ICT acetone solution with the concentration of 10 mg/mL was injected into 0.006%(w/v) of solutions of different stabilizers under ultrasonication for 10 seconds. (■) mean intensity weighted size (initial); (□) mean intensity weighted size (after 24 hours); (♦) polydispersity index (initial); (▲) polydispersity index (after 24 hours) (n = 3)..... | 37 |
| Figure 4.2 The mean particle size and polydispersity index of ICT nanosuspensions as a function of different types of HPMCs. 0.16 mL of ICT acetone solution with the concentration of 10 mg/mL was injected into 0.02%(w/v) of solutions of different stabilizers under ultrasonication for 10 seconds. (■) mean intensity weighted size (initial); (■) mean intensity weighted size (after 1 day); (■) mean intensity weighted size (after 3 days); (□) mean intensity weighted size (after 7 days); (♦) polydispersity index (initial); (▲) polydispersity index (after 1 day); (●) polydispersity index (after 3 days); (■) polydispersity index (after 7 days) (n = 3)..... | 40 |
| Figure 4.3 The mean particle size of ICT nanosuspensions as a function of the concentration of icaritin in acetone on the particle size. 0.16 mL of ICT acetone solution with the concentration of 10 mg/mL was injected into 0.02%(w/v) of solutions of different stabilizers under ultrasonication for 10 seconds (n = 3)..... | 42 |
| Figure 4.4 The mean particle size and polydispersity index of ICT nanosuspensions as a function of the time length of ultrasonication (n = 3) | 43 |
| Figure 4.5 Effects of the injected volume of organic solution of ICT and HPMC E3 concentration on particle size (n = 3). (A) contour, (B) 3D surface | 46 |

| | |
|--|----|
| Figure 4.6 TEM micrograph of ICT nanosuspensions. (injected volume: 0.16 mL; concentration of ICT acetone solution: 10 mg/mL; concentration of HPMC E3: 0.02% (w/v); sonication time: 10s) | 49 |
| Figure 4.7 SEM micrograph of raw ICT..... | 50 |
| Figure 4.8 SEM micrograph of ICT nanosuspensions (injected volume: 0.16mL; concentration of ICT acetone solution: 10 mg/mL; concentration of HPMC E3: 0.02% (w/v); sonication time: 10s; freeze-dry under vaccum for 3 days)..... | 50 |
| Figure 4.9 Dissolution profiles for raw ICT (▲) and ICT nanosuspension (◆) (n = 3). | 51 |
| Figure 4.10 DSC patterns: (a) raw ICT; (b) physical mixture (the weight ratio of ICT to HPMC E3 is 15:1); (c) nanosuspensions; (d) HPMC E3 | 52 |
| Figure 4.11 X-ray diffraction patterns: (a) raw ICT; (b) physical mixture (the weight ratio of ICT to HPMC E3 is 15:1); (c) nanosuspensions; (d) HPMC E3..... | 53 |
| Figure 5.1 Typical HPLC chromatograms of blank plasma (A), blank plasma spiked with ICT at concentration of 1.00 µg/mL and T-IIa (IS) with 20 µL at concentration of 15.00 µg/mL (B), a plasma sample at 10 min of a rat after oral administration of nanosuspensions of ICT (5 mg/kg) (C)..... | 58 |
| Figure 5.2 Pharmacokinetic profile of raw ICT(◆) and ICT nanosuspension (▲). ICT nanosuspension and homogeneous suspension of ICT in 0.5% CMC-Na and were given respectively to the two groups of rats at 5 mg/kg. The total concentration of ICT in rat plasma was determined by HPLC method with UV detection after enzyme hydrolysis with β-glucuronidase/sulphatase (means±S.D., n = 6)..... | 61 |
| Figure 6.1 Effect of ICT on the proliferation of MC3T3-E1 cells was measured by MTT assay. MC3T3-E1 cells (5×10^3 cells/well) were plated and cultured for 48 h (■) and 72 h (□) in the absence or presence of different concentrations of ICT (10^{-6} - 10^{-9} M). Estradiol with concentration of 10^{-6} M was used as positive control. Each bar represents means±S.D. (n = 6). * $p < 0.05$ vs. control, ** $p < 0.01$ vs. control | 67 |
| Figure 6.2 Effect of rat serum at different time points on the proliferation of MC3T3-E1 cells was measured by MTT assay. MC3T3-E1 cells (2.5×10^3 cells/well) were plated and cultured for 48 h in the absence or presence of serum of different time (10 min, 1.5 h, 24 h) after oral administration of ICT raw suspensions (■) and ICT nanosuspensions (□) at 30 mg/kg. Estradiol with concentration of 10^{-6} M was used as positive control. Each bar represents means±S.D. (n = 6). * $p < 0.05$ vs. control, ** $p < 0.01$ vs. control. The statistical significance of differences was determined by Student's paired t-test..... | 68 |
| Figure 6.3 Effect of rat serum at different time points on the proliferation of MC3T3-E1 cells was measured by MTT assay. MC3T3-E1 cells (2.5×10^3 cells/well) were plated and cultured for 72 h in the absence or presence of serum of different time (10 min, 1.5 h, 24 h) after oral administration of ICT raw suspensions (■) and ICT nanosuspensions (□) at 30 mg/kg. Estradiol with concentration of 10^{-6} M was used as positive control. Each bar represents means±S.D. (n = 6). * $p < 0.05$ vs. control, ** $p < 0.01$ vs. control. The statistical significance of differences was determined by Student's paired t-test..... | 69 |
| Figure 6.4 Effect of ICT on osteoblastic differentiation of MC3T3-E1 cells. MC3T3-E1 cells (2×10^4 cells/well) were plated and cultured for 4 days in the absence or presence of different concentrations of ICT (10^{-6} - 10^{-9} M). Estradiol with concentration of 10^{-6} M was used as positive control. ALP activity was determined by pNPP method and normalized | |

to protein content. Each bar represents means±S.D. (n = 6). * $p < 0.05$ vs. control, ** $p < 0.01$ vs. control.....71

Figure 6.5 Effect of rat serum at different time points on the differentiation of MC3T3-E1 cells. MC3T3-E1 cells (2×10^4 cells/well) were plated and cultured for 4 days in the absence or presence of serum of different time (10 min, 1.5 h, 24 h) after oral administration of ICT raw suspensions (A) and ICT nanosuspensions (B) at 30 mg/kg. Estradiol with concentration of 10^{-6} M was used as positive control. ALP activity was determined by PNPP method and normalized to protein content. Each bar represents means±S.D. (n = 6). * $p < 0.05$ vs. control, ** $p < 0.01$ vs. control. The statistical significance of differences was determined by Student's paired t-test.....72



List of Tables

| | |
|--|----|
| Table 2.1 Optimization of HPLC mobile phase | 19 |
| Table 3.1 The mobile phase, detection wavelength and injection volume of compounds | 23 |
| Table 3.2 The standard calibration curves of compounds | 26 |
| Table 3.3 The log <i>P</i> of reference substances | 27 |
| Table 3.4 The log <i>k</i> ₀ and log <i>k</i> _w of reference substances, validation substances and ICT | 29 |
| Table 3.5 The log <i>P</i> of quercetin, formononetin and ICT | 30 |
| Table 4.1 Factors and levels of central composite design | 34 |
| Table 4.2 HLB values of different stabilizers | 38 |
| Table 4.3 Physicochemical properties of various HPMCs | 40 |
| Table 4.4 Uncoded values of the variables used in the different experiment assays of the central composite design and the corresponding experiment results (n = 3) | 44 |
| Table 4.5 Analysis of variance (ANOVA) for response surface quadratic model | 45 |
| Table 4.6 Confirmation experiments (n = 3) | 47 |
| Table 4.7 Optimal experimental parameters for preparation of ICT nanosuspensions | 47 |
| Table 5.1 Intra-day and Inter-day precision and accuracy, and extraction recovery of the method for determination of ICT in rat plasma (n = 5) | 59 |
| Table 5.2 The extraction recoveries of ICT and T-IIa in rat plasma (n = 5) | 59 |
| Table 5.3 Stability of ICT in plasma and in prepared plasma samples (Means±S.D., n = 5) .. | 60 |
| Table 5.4 Pharmacokinetic parameters of raw ICT and nanosuspension in rats (means±S.D., n = 6) | 61 |

縮略詞列表

| 縮寫 | 英文全稱 | 中文全稱 |
|----------|---|-----------|
| HPLC | High Performance Liquid Chromatography | 高效液相色譜 |
| ICT | Icaritin | 淫羊藿苷元 |
| HPMC | Hydroxypropyl methylcellulose | 羥丙基甲基纖維素 |
| F68 | Poloxamer 188 | 泊洛沙姆 188 |
| F127 | Poloxamer 407 | 泊洛沙姆 407 |
| PVP | Polyvinyl pyrrolidone | 聚乙烯吡咯烷酮 |
| PVA | Polyvinyl alcohol | 聚乙烯醇 |
| Tween 80 | Polysorbate 80 | 吐溫 80 |
| SDS | Sodium dodecyl sulfate | 十二烷基磺酸鈉 |
| DSC | Differential scanning calorimetry | 差示掃描量熱法 |
| TEM | Transmission electron microscope | 透射電鏡 |
| SEM | Scanning electron microscope | 掃描電鏡 |
| PXRD | X-Ray Diffraction | X 射線衍射 |
| FTIR | Fourier transform infrared spectroscopy | 傅裡葉變換紅外光譜 |
| ALP | Alkaline phosphatase | 鹼性磷酸酶 |