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禪宗法眼系與南唐文學

The Fayan Lineage of Chan Buddhism  
and the Literature of Southern Tang

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## 摘要

本文採用歷史考證、宗教闡釋、文學批評、定量分析相結合的研究方法，探討佛教禪宗法眼系與南唐文學的關係，從南唐統治者與佛教的興盛、禪宗法眼系、法眼系文學、南唐文學與佛教及法眼系四方面展開研究。經考察研究，得出以下主要結論：法眼文益所提倡的重視經典、會通教禪之門風，正契合了南唐國統治者的需要，從而使得法眼文益本人及其弟子們特別為南唐三主所推重。在三主的扶持之下，法眼系逐漸在南唐境內形成、發展、興盛，成為五代末影響力最大的禪宗家系。法眼系文學以詩偈成就最高，多屬清境類作品，水準達同時代僧詩創作的最高水準。南唐文人士大夫基本上都與僧人有往還，留有大量與佛教相關的文學作品。南唐詩壇最大的兩個詩派“白體”和“賈島體”，所創作的宗白閒適詩和宗賈詩都受到禪宗影響。南唐詩詞皆重視清境的營造，傳世南唐文則主要是為佛寺禪僧所作的碑碣。所以，南唐文學受法眼系之影響而帶上濃重的佛禪色彩，法眼系在南唐文學的影響下而成為富有文學氣息的禪宗家系。二者之間相互影響，從而促成了南唐佛教和文學的短暫輝煌。

關鍵詞：南唐、佛教、禪宗法眼系、南唐文學

## Abstract

This thesis applies a synthetic method of historical investigation, religious studies, literary criticism, and quantitative analysis to study the relationship and interaction between the Fayan lineage of Chan Buddhism and the Literature of Southern Tang. The research is conducted from four perspectives: 1) the rulers of Southern Tang and the Buddhist bloom; 2) the Fayan lineage of Chan Buddhism; 3) the literature of the Fayan lineage; and 4) the literature of Southern Tang and the Fayan lineage. Fayan Wenyi advocated the learning of Buddhist scriptures and emphasized the unification of Chan thought and Buddhist teachings, which suited the needs of the Southern Tang rulers. As a result, Wenyi and his disciples were particularly held in esteem by all the three rulers. With their support, the Fayan lineage formed, developed, and flourished, becoming the most influential lineage of Chan Buddhism in the late Five Dynasties. Many Chan monks of the Fayan lineage were excelled in composing verses. Their works usually described pure and tranquil scenes and reached the highest level of contemporary monk-poets' works. Almost all official-literati of Southern Tang were associated with Buddhist monks and wrote lots of literary works related to Buddhism. The two major styles popular among Southern Tang poets, "The Style of Bai Juyi" and "The Style of Jiadao," were influenced by Chan Buddhism. Poems and *ci* lyrics by the Southern Tang poets often present pure and tranquil scenes, and their extant essays are mainly epitaphs and inscriptions written for Buddhist monks and monasteries. Under the influence of the Fayan lineage, the Southern Tang literature displayed strong flavor of Buddhism; with the impact of

Southern Tang literature, the Fayan became a Buddhist lineage with remarkable achievements in literature. The interaction and mutual influence between the Fayan lineage and the Southern Tang literature brought the glorious yet temporary bloom of Buddhism and literature to the Southern Tang kingdom.

Keywords: Southern Tang, Buddhism, the Fayan lineage of Chan Buddhism, the literature of Southern Tang



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