

The Effects of Social Learning Theory Group Counseling on Vocational Self-Concept and Less Behavior Disturbance among Senior School Students

Abstract

The study recruited 76 (form 4 and form 5) students from a senior vocational school in Macau. The purpose of this study was to compare the effect of Social Learning Theory Group Counseling on their Vocational Self-Concept and Behavior Disturbance. The Vocational Self-Concept Scale and Behavior Disturbance Scale were used for Measures. Pretest, posttest and follow-up test were done. The data was analyzed by covariance.

The major finding were as following:

1. The results of The Social Learning Theory Group Counseling showed positive effect to the student.
2. In terms of “Vocational Self-Concept”, students in the experimental group had higher scores in both post-test and follow-up test, when compared with the students in control group.
3. About “Behavior Disturbance”, students in the experimental group, their scores in post-test were higher than the scores in control group. Moreover, in the follow-up test, the ‘behavior disturbance due to psychological factors’, students in the experimental group had higher scores than students in the control group.

According to these findings, some suggestions for educational guidance were proposed. Moreover, recommendations for further were offered in this dissertation.

Key word : adolescent, vocational self-concept, behavior disturbance,
Social Learning Theory Group Counseling