

A Study of the Effects of Aggression Replacement training
On Aggression Tendency of the boys in a junior school

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Abstract

The objective of the research is to study the counselling effect of the Aggression Replacement Training on Junior Secondary School male students with aggression tendency. The research sample are sixteen young male students, with aggression tendency, studying in a Secondary School. The students were divided into two groups with equal number of boys.----the Experiment Group and the Control Group. The Experiment group students received a ninety minute Aggression Replacement Training per week for ten times. The control group students received no training. The effects of Aggression Replacement Training on the two groups were compared using the pre-test and post-test design.

The present research adopted Aggression Self-Measure Inventory, Peer Nomination Inventory, Aggression Tendency Measure Inventory, and Teacher's Aggression Inventory as research instrument in the selection and pre/post training evaluation and tracking measurement. The data collected were analyzed with statistical methods of Univariate Analysis of Covariance and Multivariate Analysis of Covariance.

The conclusions for this study are as follows :

- (a) Junior Secondary School Students with aggression tendency who received Aggression Replacement Training showed immediate counselling effect in the reduction of aggression tendency in the individual assessment of Aggression Tendency Measure Inventory.
- (b) According to the findings of Teacher's Measure of Aggression Inventory, Junior Secondary School Students with aggression tendency who received Aggression Replacement Training revealed immediate counselling effect in the reduction of aggression tendency.
- (c) According to the findings of Aggression Tendency Measure Inventory, the Aggression Replacement Training showed no obvious continuing stable counselling effect resulting in the reduction of Aggression Tendency of Junior Secondary School Students with Aggression Tendency.
- (d) According to the findings of Teacher's Measure of Aggression Inventory, the Aggression Replacement Training showed continual constancy counselling effect resulting in the reduction of Aggression Tendency of Junior Secondary School

Students with Aggression Tendency .

Based on the findings of the present research , the researcher proposes the practical value of Aggression Replacement Training in the field of education and student counselling .The researcher has also made a review on the defects of his studies , research and will give more suggestions in future.