

Abstract

The aim of this dissertation is to use case-study methodology to collect data from five kindergarten teachers in two different schools as study subjects, based on class observation results and record interaction between teachers and students, to analysis and realize how teachers use games to conduct physical education class.

The result showed that teachers use lecture as the main form of instruction, time allocated for activities among children was rare, and as a result, the creativity and social skills of children were not developed to their full capacity. It was also discovered that teachers often use drill-and-practice style to conduct physical education classes. After collaborative discussion and analysis between researcher and teachers, the instructional style of teachers in physical education class had shown significant improvement, as stories told by teachers at the beginning of the class as inducement often successfully attracted children's interest and willingness to participate, more time was allocated to activities during class, and children's creativity and social skills were more fully developed.

This research is still at its preliminary stage; recommendations for future studies were raised at the end of this dissertation.